***NH SURVIVOR OF SUICIDE LOSS (SOSL) SUPPORT GROUP LIST***

***Revised 9/20/2018….****please check the* [*www.naminh.org*](http://www.naminh.org) *website for current updates and revisions for these groups!*

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| **Town and Group Name** | **Location**  **(Where held)** | **Facilitator(s) & Contact Information** | **Meeting Days and Times** | **Comments** |
| ***Claremont*** – Greater Sullivan County Survivors of Suicide Loss Support Group | Valley Regional Hospital  243 Elm St.  Claremont, NH | Randy Wiggin, 802-376-6115  [wig@vermontel.net](mailto:wig@vermontel.net) | Meetings: 3rd Wednesday of the month,  6:30-8:00 pm, May arrive 10 minutes early | *Please call or email if this is your first time attending!*  *Peer Facilitated* |
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| ***Concord –*** Greater Concord Area Survivors of Suicide Loss Support Group | NAMI NH  85 North State St.  Concord, NH | Janyce Demers, (603) 625-9459  [didorun@comcast.net](mailto:didorun@comcast.net)  Debbie Baird, (603) 717-5408  [dbaird@naminh.org](mailto:dbaird@naminh.org) | Meetings: 2nd Wednesday of the month,  6:30-8:00 pm. | *Please call or email if this is your first time attending!*  *Peer Facilitated* |
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| ***Durham –*** Survivors of Suicide Loss Support Group | Waysmeet Center  15 Mill Rd.  Durham, NH | Amy Olivia, [sosldurhamnh@gmail.com](mailto:sosldurhamnh@gmail.com) | Meetings: 3rd Wednesday of the month,  6:15-7:15 pm | *For information & directions please email!*  *Peer Facilitated* |
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| ***Hampstead –*** Coping with Loved Ones Lost to Suicide | Hampstead Public Library,  9 Mary E Clark Dr.  Hampstead, NH | Dan and Roger Wells, (603) 553-0119  [dwells@sau81.org](mailto:dwells@sau81.org) | Meetings: Every Friday  4:00 – 5:00 pm | *Feel free to call for more information and directions if first time attending!*  *Peer Facilitated* |
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| ***Keene –*** A Safe Place Support Group for SOSL | The Samaritans-  Monadnock Region  25 Roxbury St.,  Suite 113  Keene, NH | Penny King (603) 357-5510  [pc@samaritans.org](mailto:pc@samaritans.org) also  [www.samaritansnh.org](http://www.samaritansnh.org) | Meetings: Every Monday  6:30 – 7:30 pm | *Please call if your first time attending!*  *Peer Facilitated* |
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| ***Laconia –*** Winnipesaukee Survivors of Suicide Loss Support Group | **Group currently not meeting, should resume late fall of 2018,** please check the [www.naminh.org](http://www.naminh.org) website for all updates |  |  |  |
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| ***Lancaster-*** North Country Survivors of Suicide Loss Support Group | Weeks Medical Center (Hospital)  173 Middle St.  Lancaster, NH | Richard Cotter, (603) 219-8912  Sara Cotter, (603) 631-5629 | Meetings: 1st  Thursday of the month,  6:30 – 8:00 pm | *Please call if first time attending!*  *Peer Facilitated* |
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| ***Manchester –*** Community & Active Military/Veterans Loss Survivor Support Group | VA Chapel  718 Smyth St.  Manchester, NH | Beth Alves (603) 624-4366 Ext. 2150  Beth.alves@va.gov | Meetings: 3rd Thursday of the month,  2:30-4:00 pm | *Please call if first time attending and for any updates!* |
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| ***Manchester –*** VNA Suicide Bereavement Support Group | Elliot River’s Edge River Rm 2nd Floor  185 Queen City Avenue  Manchester, NH | Chuck Johnson (603) 663-4005  [cjohnson@elliot-hs.org](mailto:cjohnson@elliot-hs.org) | Meetings: Thursday’s  6:00 – 7:30 pm | *Please call ahead for meeting updates!* |
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| ***Manchester –*** Survivors of Suicide Loss Support Group | Brookside Congregational Church (Manning House)  2013 Elm St.  Manchester, NH | Marsha Chapple, (603) 663-6412  [mahshah@comcast.net](mailto:mahshah@comcast.net) | Meetings: 2nd Thursday of month,  6:30 – 8:00 pm | *Please call if first time attending meeting!*  *Peer Facilitated* |
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| ***Merrimack –*** Greater Nashua /Merrimack Grieving Survivors of Suicide Loss | Home, Health & Hospice  7 Executive Park Drive  Merrimack, NH | Maureen Sloan, (603) 578-5966  [maureendsloan@gmail.com](mailto:maureendsloan@gmail.com)  Linda Vollmer, (603) 801-6856  [Lindavollmer2995@gmail.com](mailto:Lindavollmer2995@gmail.com) | Meetings: 1st Wednesday of the month,  6:30 – 8:00 pm | *Please call if first time attending!*  *Peer Facilitated* |
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| ***North Conway –*** Survivors of Suicide Support Group | Reverence for Life  (Vaughan Community Services)  2503 White Mountain Hwy  North Conway, NH | Denise Leighton, (603) 356-2324  [denise@vaughannh.com](mailto:denise@vaughannh.com) | Meetings: 2nd Thursday of the month,  6:00 – 7:30 pm | *Please call ahead if first time attending!*  *Peer Facilitated* |
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| ***Plymouth –*** Central NH SOSL Group of Plymouth | Pease Public Library  1 Russell St.  Plymouth, NH | Barbara LaFlamme, [centralnhsosl@yahoo.com](mailto:centralnhsosl@yahoo.com) | Meetings: 3rd Thursday of the month,  6:00-7:30 pm | *Please call ahead for more information and if first time attending!*  *Peer Facilitated* |
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| ***Portsmouth –*** Portsmouth Survivors of Suicide Loss Support Group | Seventh Day Advent Church  861 Middle Rd.  Portsmouth, NH | Paul Noyes, (603) 770-2987  [getsomeshelter@hotmail.com](mailto:getsomeshelter@hotmail.com)  Candace Stitlier, (603) 868- 2970  [candace@candacepratt.com](mailto:candace@candacepratt.com) | Meetings: 1st Tuesday of the month,  6:30 – 8:00 pm | *Please call or email if first time attending the group!*  *Peer Facilitated* |
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| ***Peterborough –*** Survivors of Suicide Loss Support Group | Home, Health & Hospice Services  45 Main St.  Peterborough, NH | Marguerite Cheney, (603) 532-8353  [mcheney@hcsservices.org](mailto:mcheney@hcsservices.org) | Meetings: 2nd and 4th Wednesday of each month,  4:30-6:00 pm | *Please call or email if first time attending and for more information!* |
| ***Berwick Maine***  Also servicing Stratford, Carroll and Rockingham Counties of NH  Maine Suicide Bereavement Support Group | Whole Heart Therapies  8 Wilson St.  Berwick, ME | Jennifer Ordway  [jennferordway@gmail.com](mailto:jennferordway@gmail.com)  Tina Dodge  [fajardo.tina@yahoo.com](mailto:fajardo.tina@yahoo.com) | Meetings: 3rd Tuesday of each month,  6:30-8:00 pm | *Please email for first time attending* |
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