***NH SURVIVOR OF SUICIDE LOSS (SOSL) SUPPORT GROUP LIST***

***Revised 9/20/2018….****please check the* [*www.naminh.org*](http://www.naminh.org) *website for current updates and revisions for these groups!*

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| **Town and Group Name** | **Location****(Where held)** | **Facilitator(s) & Contact Information** | **Meeting Days and Times** | **Comments** |
| ***Claremont*** – Greater Sullivan County Survivors of Suicide Loss Support Group | Valley Regional Hospital243 Elm St.Claremont, NH | Randy Wiggin, 802-376-6115wig@vermontel.net | Meetings: 3rd Wednesday of the month, 6:30-8:00 pm, May arrive 10 minutes early | *Please call or email if this is your first time attending!**Peer Facilitated* |
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| ***Concord –*** Greater Concord Area Survivors of Suicide Loss Support Group | NAMI NH85 North State St.Concord, NH | Janyce Demers, (603) 625-9459didorun@comcast.netDebbie Baird, (603) 717-5408dbaird@naminh.org | Meetings: 2nd Wednesday of the month,6:30-8:00 pm. | *Please call or email if this is your first time attending!**Peer Facilitated* |
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| ***Durham –*** Survivors of Suicide Loss Support Group | Waysmeet Center15 Mill Rd.Durham, NH | Amy Olivia, sosldurhamnh@gmail.com | Meetings: 3rd Wednesday of the month,6:15-7:15 pm | *For information & directions please email!**Peer Facilitated* |
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| ***Hampstead –*** Coping with Loved Ones Lost to Suicide | Hampstead Public Library,9 Mary E Clark Dr.Hampstead, NH  | Dan and Roger Wells, (603) 553-0119dwells@sau81.org | Meetings: Every Friday4:00 – 5:00 pm | *Feel free to call for more information and directions if first time attending!**Peer Facilitated* |
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| ***Keene –*** A Safe Place Support Group for SOSL | The Samaritans-Monadnock Region25 Roxbury St.,Suite 113Keene, NH | Penny King (603) 357-5510pc@samaritans.org also [www.samaritansnh.org](http://www.samaritansnh.org) | Meetings: Every Monday6:30 – 7:30 pm | *Please call if your first time attending!**Peer Facilitated* |
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| ***Laconia –*** Winnipesaukee Survivors of Suicide Loss Support Group | **Group currently not meeting, should resume late fall of 2018,** please check the [www.naminh.org](http://www.naminh.org) website for all updates |  |  |  |
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| ***Lancaster-*** North Country Survivors of Suicide Loss Support Group | Weeks Medical Center (Hospital)173 Middle St.Lancaster, NH | Richard Cotter, (603) 219-8912Sara Cotter, (603) 631-5629 | Meetings: 1st  Thursday of the month,6:30 – 8:00 pm | *Please call if first time attending!**Peer Facilitated* |
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| ***Manchester –*** Community & Active Military/Veterans Loss Survivor Support Group | VA Chapel718 Smyth St.Manchester, NH  | Beth Alves (603) 624-4366 Ext. 2150Beth.alves@va.gov | Meetings: 3rd Thursday of the month,2:30-4:00 pm | *Please call if first time attending and for any updates!* |
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| ***Manchester –*** VNA Suicide Bereavement Support Group | Elliot River’s Edge River Rm 2nd Floor185 Queen City AvenueManchester, NH | Chuck Johnson (603) 663-4005cjohnson@elliot-hs.org | Meetings: Thursday’s6:00 – 7:30 pm | *Please call ahead for meeting updates!* |
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| ***Manchester –*** Survivors of Suicide Loss Support Group | Brookside Congregational Church (Manning House)2013 Elm St.Manchester, NH | Marsha Chapple, (603) 663-6412mahshah@comcast.net | Meetings: 2nd Thursday of month,6:30 – 8:00 pm | *Please call if first time attending meeting!**Peer Facilitated* |
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| ***Merrimack –*** Greater Nashua /Merrimack Grieving Survivors of Suicide Loss | Home, Health & Hospice7 Executive Park DriveMerrimack, NH | Maureen Sloan, (603) 578-5966 maureendsloan@gmail.comLinda Vollmer, (603) 801-6856Lindavollmer2995@gmail.com | Meetings: 1st Wednesday of the month,6:30 – 8:00 pm | *Please call if first time attending!**Peer Facilitated* |
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| ***North Conway –*** Survivors of Suicide Support Group | Reverence for Life (Vaughan Community Services)2503 White Mountain HwyNorth Conway, NH | Denise Leighton, (603) 356-2324denise@vaughannh.com | Meetings: 2nd Thursday of the month,6:00 – 7:30 pm | *Please call ahead if first time attending!**Peer Facilitated* |
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| ***Plymouth –*** Central NH SOSL Group of Plymouth | Pease Public Library1 Russell St.Plymouth, NH | Barbara LaFlamme, centralnhsosl@yahoo.com | Meetings: 3rd Thursday of the month,6:00-7:30 pm | *Please call ahead for more information and if first time attending!**Peer Facilitated* |
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| ***Portsmouth –*** Portsmouth Survivors of Suicide Loss Support Group | Seventh Day Advent Church861 Middle Rd.Portsmouth, NH | Paul Noyes, (603) 770-2987getsomeshelter@hotmail.comCandace Stitlier, (603) 868- 2970candace@candacepratt.com | Meetings: 1st Tuesday of the month,6:30 – 8:00 pm | *Please call or email if first time attending the group!**Peer Facilitated* |
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| ***Peterborough –*** Survivors of Suicide Loss Support Group | Home, Health & Hospice Services45 Main St.Peterborough, NH | Marguerite Cheney, (603) 532-8353mcheney@hcsservices.org | Meetings: 2nd and 4th Wednesday of each month,4:30-6:00 pm | *Please call or email if first time attending and for more information!* |
| ***Berwick Maine*** Also servicing Stratford, Carroll and Rockingham Counties of NHMaine Suicide Bereavement Support Group | Whole Heart Therapies8 Wilson St.Berwick, ME | Jennifer Ordwayjennferordway@gmail.comTina Dodgefajardo.tina@yahoo.com | Meetings: 3rd Tuesday of each month,6:30-8:00 pm | *Please email for first time attending* |
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